

DIVERISTY RESOURCES

NYWCA DIVERSITY WORKSHOP VIDEOS

Review Workshop #1 - Understanding Culture, Identity and Implicity Bias

Optional Follow-up Homework after Workshop #1: Take the Harvard **Implicit Bias Test**. [Video](#) about the test.

Review Workshop #2 - Was that a Microaggression? How to recognize and combat them.

Optional Follow-up Homework after Workshop #2: Video: Cracking the Codes - Joy DeGruy "[A Trip to the Grocery Store](#)"

Review Workshop #3 - Creating Safe and Braving Spaces for Better Communication

Document- **Interrupting Microaggression**

VIDEOS TO WATCH:

- **Black Feminism & the Movement for Black Lives:** Barbara Smith, Reina Gossett, Charlene Carruthers (50:48)
- **"How Studying Privilege Systems Can Strengthen Compassion"** Peggy McIntosh at TEDx Timberlane Schools (18:26)

PODCASTS TO SUBSCRIBE TO:

- **1619** (New York Times)
- **About Race**
- **Code Switch** (NPR)
- **Intersectionality Matters!** hosted by Kimberlé Crenshaw
- **Momentum: A Race Forward** Podcast
- **Pod For The Cause** (from The Leadership Conference on Civil & Human Rights)
- **Pod Save the People** (Crooked Media)
- **The Combahee River Collective Statement**

BOOKS TO READ:

- **Black Feminist Thought** by Patricia Hill Collins
- **Eloquent Rage: A Black Feminist Discovers Her Superpower** by Dr. Brittney Cooper
- **Heavy: An American Memoir** by Kiese Laymon

[NYWCA.org](https://www.nywca.org)

NYWCA is a volunteer-run 501(c)(6) nonprofit. We rely on our members to make the Alliance New York's most relevant and vibrant culinary organization for women.

- **White Fragility: Why It's So Hard for White People to Talk About Racism** by Robin DiAngelo, PhD
- **How To Be An Antiracist** by Dr. Ibram X. Kendi
- **I Know Why the Caged Bird Sings** by Maya Angelou
- **Just Mercy** by Bryan Stevenson
- **Redefining Realness** by Janet Mock
- **Sister Outsider** by Audre Lorde
- **So You Want to Talk About Race** by Ijeoma Oluo
- **The Bluest Eye** by Toni Morrison
- **The Fire Next Time** by James Baldwin
- **The New Jim Crow: Mass Incarceration in the Age of Colorblindness** by Michelle Alexander
- **The Next American Revolution: Sustainable Activism for the Twenty-First Century** by Grace Lee Boggs
- **The Warmth of Other Suns** by Isabel Wilkerson
- **Their Eyes Were Watching God** by Zora Neale Hurston
- **This Bridge Called My Back: Writings by Radical Women of Color** by Cherríe Moraga
- **Caste** by Isabel Wilkerson

MORE ANTI-RACISM RESOURCES TO CHECK OUT:

- **75 Things White People Can Do for Racial Justice**
- **Anti-Racism Project**
- **Jenna Arnold's resources** (books and people to follow)
- **Rachel Ricketts' anti-racism resources**
- **Resources for White People to Learn and Talk About Race and Racism**
- **Showing Up For Racial Justice's educational toolkits**
- **"Why is this happening?" — an introduction to police brutality from 100 Year Hoodie**
- **Zinn Education Project's teaching materials**

ARTICLES TO READ:

- **"America's Racial Contract Is Killing Us"** by Adam Serwer | Atlantic (May 8, 2020)
- **"My Life as an Undocumented Immigrant"** by Jose Antonio Vargas | NYT Mag (June 22, 2011)
- **The 1619 Project**(all the articles) | The New York Times Magazine
- **"The Intersectionality Wars"** by Jane Coaston | Vox (May 28, 2019)
- **Tips for Creating Effective White Caucus Groups developed** by Craig Elliott PhD

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- **"White Privilege: Unpacking the Invisible Knapsack"** by Peggy McIntosh
- **"Who Gets to Be Afraid in America?"** by Dr. Ibram X. Kendi | Atlantic (May 12, 2020)

FILMS AND TV SERIES TO WATCH:

- 13th (Ava DuVernay) - Netflix
- American Son (Kenny Leon) - Netflix
- Black Power Mixtape: 1967-1975 - Available to rent
- Clemency (Chinonye Chukwu) - Available to rent
- Dear White People (Justin Simien) - Netflix
- Fruitvale Station (Ryan Coogler) - Available to rent
- I Am Not Your Negro (James Baldwin doc) - Available to rent or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) Hulu
- Just Mercy (Destin Daniel Cretton) - Available to rent
- King In The Wilderness - HBO
- See You Yesterday (Stefon Bristol) - Netflix
- Selma (Ava DuVernay) - Available to rent
- The Black Panthers: Vanguard of the Revolution - Available to rent
- The Hate U Give (George Tillman Jr.) - Hulu with Cinemax
- When They See Us (Ava DuVernay) - Netflix

ORGANIZATIONS TO FOLLOW ON SOCIAL MEDIA:

- Antiracism Center: **Twitter**
- Audre Lorde Project: **Twitter** | **Instagram** | **Facebook**
- Black Women's Blueprint: **Twitter** | **Instagram** | **Facebook**
- Color Of Change: **Twitter** | **Instagram** | **Facebook**
- Colorlines: **Twitter** | **Instagram** | **Facebook**
- The Conscious Kid: **Twitter** | **Instagram** | **Facebook**
- Equal Justice Initiative (EJI): **Twitter** | **Instagram** | **Facebook**
- Families Belong Together: **Twitter** | **Instagram** | **Facebook**
- The Leadership Conference on Civil & Human Rights: **Twitter** | **Instagram** | **Facebook**
- MPowerChange: **Twitter** | **Instagram** | **Facebook**
- Muslim Girl: **Twitter** | **Instagram** | **Facebook**
- NAACP: **Twitter** | **Instagram** | **Facebook**
- National Domestic Workers Alliance: **Twitter** | **Instagram** | **Facebook**
- RAICES: **Twitter** | **Instagram** | **Facebook**
- Showing Up for Racial Justice (SURJ): **Twitter** | **Instagram** | **Facebook**
- SisterSong: **Twitter** | **Instagram** | **Facebook**
- United We Dream: **Twitter** | **Instagram** | **Facebook**

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